



**CAIN KILLS ABEL**  
**Genesis 4:1-16**

**Today's Scripture -**

Eve gave birth to Cain.<sup>[1]</sup> She said, "With the help of the Lord I have brought forth<sup>[2]</sup> a man." <sup>2</sup> Later she gave birth to his brother Abel. Now Abel kept flocks, and Cain worked the

soil. <sup>3</sup> In the course of time Cain brought some of the fruits of the soil as an offering to the Lord. <sup>4</sup> And Abel also brought an offering—fat portions from some of the firstborn of his flock. The Lord looked with favor on Abel and his offering, <sup>5</sup> but on Cain and his offering he did not look with favor. So Cain was very angry, and his face was downcast.

<sup>6</sup> Then the Lord said to Cain, "Why are you angry? Why is your face downcast? <sup>7</sup> If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must rule over it."

<sup>8</sup> Now Cain said to his brother Abel, "Let's go out to the field."<sup>[4]</sup> While they were in the field, Cain attacked his brother Abel and killed him.

<sup>9</sup> Then the Lord said to Cain, "Where is your brother Abel?"

"I don't know," he replied. "Am I my brother's keeper?"

<sup>10</sup> The Lord said, "What have you done? Listen! Your brother's blood cries out to me from the ground. <sup>11</sup> Now you are under a curse and driven from the ground, which opened its mouth to receive your brother's blood from your hand. <sup>12</sup> When you work the ground, it will no longer yield its crops for you. You will be a restless wanderer on the earth."


<sup>13</sup> Cain said to the Lord, "My punishment is more than I can bear. <sup>14</sup> Today you are driving me from the land, and I will be hidden from your presence; I will be a restless wanderer on the earth, and whoever finds me will kill me."

<sup>15</sup> But the Lord said to him, "Not so<sup>[5]</sup>; anyone who kills Cain will suffer vengeance seven times over." Then the Lord put a mark on Cain so that no one who found him would kill him. <sup>16</sup> So Cain went out from the Lord's presence and lived in the land of Nod,<sup>[6]</sup> east of Eden.

**Key Verse -** "Be devoted to one another in brotherly love." Romans 12:10

Please **watch the YouTube video** Cain and Abel (Genesis 4) by Saddleback Kids. It is a wonderful narration that follows our scripture for today. You can find this video either on our church webpage or on YouTube.



 **Cain and Abel (Genesis 4)**  
Saddleback Kids · 54K views · 5 years ago

### Lesson and Activity with me!

BONUS ~ I am going to share a section of one of my favorite story books with you in my video!

Supplies needed for our activity:

Crayons

Have you ever given a gift to someone who did not like what you had given him or her? How did you feel when they opened your gift and you saw the look of disappointment on his or her face? What kind of look did you have on your face? Was it a happy face? Was it a sad face? Was it an angry face? Other people can often tell how we feel by the look on our faces.

Our Bible lesson today is about two brothers named Cain and Abel. They were the sons of Adam and Eve. Cain was the older brother and Abel was the younger brother. When they grew up, Cain became a farmer and Abel became a shepherd. When it was time for the harvest, Cain brought some of his crops as a gift to the Lord. Abel also brought a gift to the Lord—the very best lamb from his flock. The Lord accepted the gift of Abel, but he did not accept the gift of Cain. The Bible doesn't tell us why the Lord did not accept Cain's gift. Perhaps Cain did not give the best that he had. Or maybe his heart was not right with God. But whatever the reason, the Lord did not find Cain's gift acceptable.

How do you think that made Cain feel?

The Bible tells us that Cain was sad and angry. The Lord took one look at Cain's face and asked him, "Why are you so angry and why do you look dejected?" The Lord continued, saying, "You will be accepted if you do what is right. And if you don't do right, sin is lying in wait for you, ready to pounce; it's out to get you, you've got to master it."

Do you think Cain took control of his anger?

No, he did not! The Bible tells us that some time later, Cain said to Abel, "Let's go out to the field." While they were in the field, Cain attacked his brother and killed him. Cain's anger had taken total control of his life.

God knew what Cain had done and he knew that Cain must be punished. "Your brother's blood is still on the ground. Your punishment is that nothing you plant in the ground will grow. You will just wander around the earth finding food wherever you can."

What can we learn from the story of Cain and Abel?

We can learn that disobeying God brings trouble and unhappiness. We should also take notice that even though Cain was punished for the wrong that he did, God still loved him and protected him. He would not allow others to harm Cain.

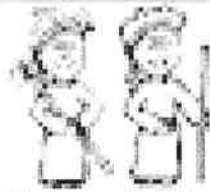
**Listen to:** Brotherly Love

Be devoted to one another  
In brotherly love, in brotherly love.  
Be devoted to one another  
In brotherly love, in brotherly love.

Your love must be real;  
It must be sincere.  
Honor one another above yourselves.

Be devoted to one another  
In brotherly love, in brotherly love.

**Closing Prayer** - Father, we want our life to be acceptable to you. Help us to let you be in control of our thoughts and actions so that our gifts will be pleasing in your sight. In Jesus' name we pray. Amen.



## Cain and Abel

Cain and Abel were brothers. Cain was a farmer and Abel was a shepherd. Cain was very jealous of Abel. He felt God favored his brother. Abel wanted to please God so he offered him his best lamb. Cain felt they should keep the lamb and offered God some of his crops. God chose the lamb. This angered Cain, so he took his brother to a field and killed him. God asked Cain why he did this to his brother. This made Cain feel bad for what he did to Abel.

1. Who was Cain and Abel?

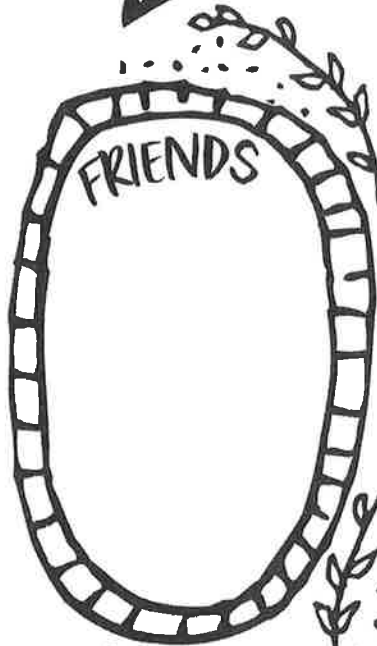
2. What offering did God choose?

3. How did Cain feel after what he did to his brother?

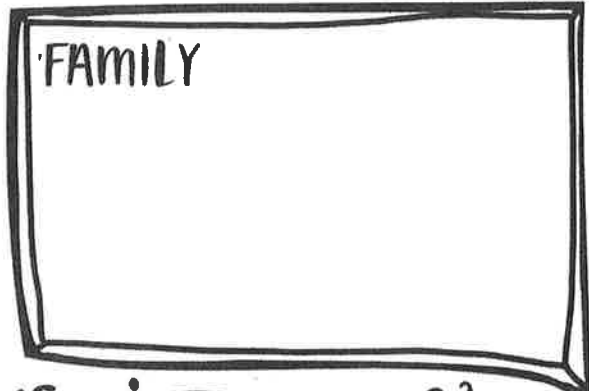
# PRAYER

DATE: \_\_\_\_\_

FRIENDS



FAMILY



CHURCH



LET HOPE  
KEEP YOU JOYFUL  
ROM 12:12



SCRIPTURE



THOSE IN NEED



# CAIN AND ABEL

(GENESIS 4:1-17)



"Now Cain talked with Abel his brother; and it came to pass, when they were in the field, that Cain rose against Abel his brother and killed him."

**GENESIS 4:8**

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# The Story of Cain and Abel

The Lord looked with favor on Abel and his offering, but on Cain and his offering he did not look with favor. So Cain was very angry, and his face was downcast. Genesis 4:4-5 (NIV)

The words below have been written in code. Use the hints in the decoder at the top of the page to help break the code (the letters on top are the correct answers, the numbers on the bottom are the code). Write the correct word on the line provided.

Q	W	U	E	A	L	K	V	M	H	Y	C	Z	X	J	T	G	B	S	P	F	R	I	D	O	N
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26

12-25-26-16-22-25-6 \_\_\_\_\_ 25-21-21-4-22-23-26-17 \_\_\_\_\_

7-23-6-6 \_\_\_\_\_ 21-5-22-9-4-22 \_\_\_\_\_

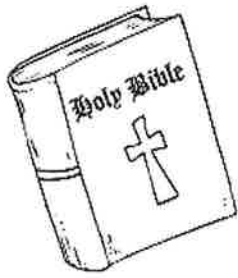
19-10-4-20-10-4-22-24 \_\_\_\_\_ 20-3-26-23-19-10 \_\_\_\_\_

18-22-25-16-10-4-22 \_\_\_\_\_ 12-5-23-26 \_\_\_\_\_

5-26-17-22-11 \_\_\_\_\_ 5-18-4-6 \_\_\_\_\_

- To have power over something, especially one's own behavior.
- To take the life of another person.
- A keeper of flocks of sheep.
- A male who has the same mother and father of another person.
- To have a strong feeling of hostility.
- A gift to the Lord.
- A person who works in the soil to grow crops.
- To penalize someone because of bad actions.
- The oldest son of Adam and Eve.
- The younger brother of Cain.

KILL	CONTROL	ABEL	SHEPHERD	PUNISH
ANGRY	CAIN	BROTHER	FARMER	OFFERING



# The Story of Cain and Abel

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At the bottom of the page is a list of words. These words are hidden in the puzzle. The words have been placed horizontally, vertically, and diagonally. When you find a word, draw a circle around it.



ABEL  
SHEPHERD

KILL  
OFFERING

CAIN  
CONTROL

FARMER  
BROTHER

ANGRY  
PUNISH